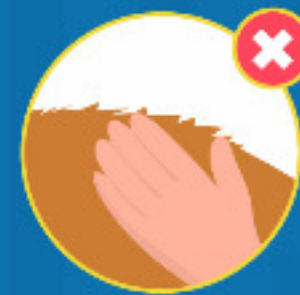


In the fight against COVID-19, use the one health approach as you consider Animal health

Evidence suggests that COVID 19 virus emerged from an animal source- the horseshoe bat. There is a possibility for some animals to get infected through close contact with infected humans. Several dogs and cats have tested positive, you are advised to take the following measures when dealing with animals;



Wash hands before and after being around or handling animals, their food or supplies



Avoid contact with pets of people who have tested positive as much as possible



Avoid contact with animal waste or fluid.

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Image by Signe Allerslev from Pixabay



In the fight against COVID-19, use the one health approach as you consider environmental health

The environment has not adversely been affected by the COVID-19 pandemic but effects could cross to it. The following practices can ensure that we prevent negative impacts on our environment and also prevent the spread.



Do not litter used gloves or masks, dispose them off in a waste collection area or dustbin



Clean and disinfect surfaces such as door knobs/handles and car doors



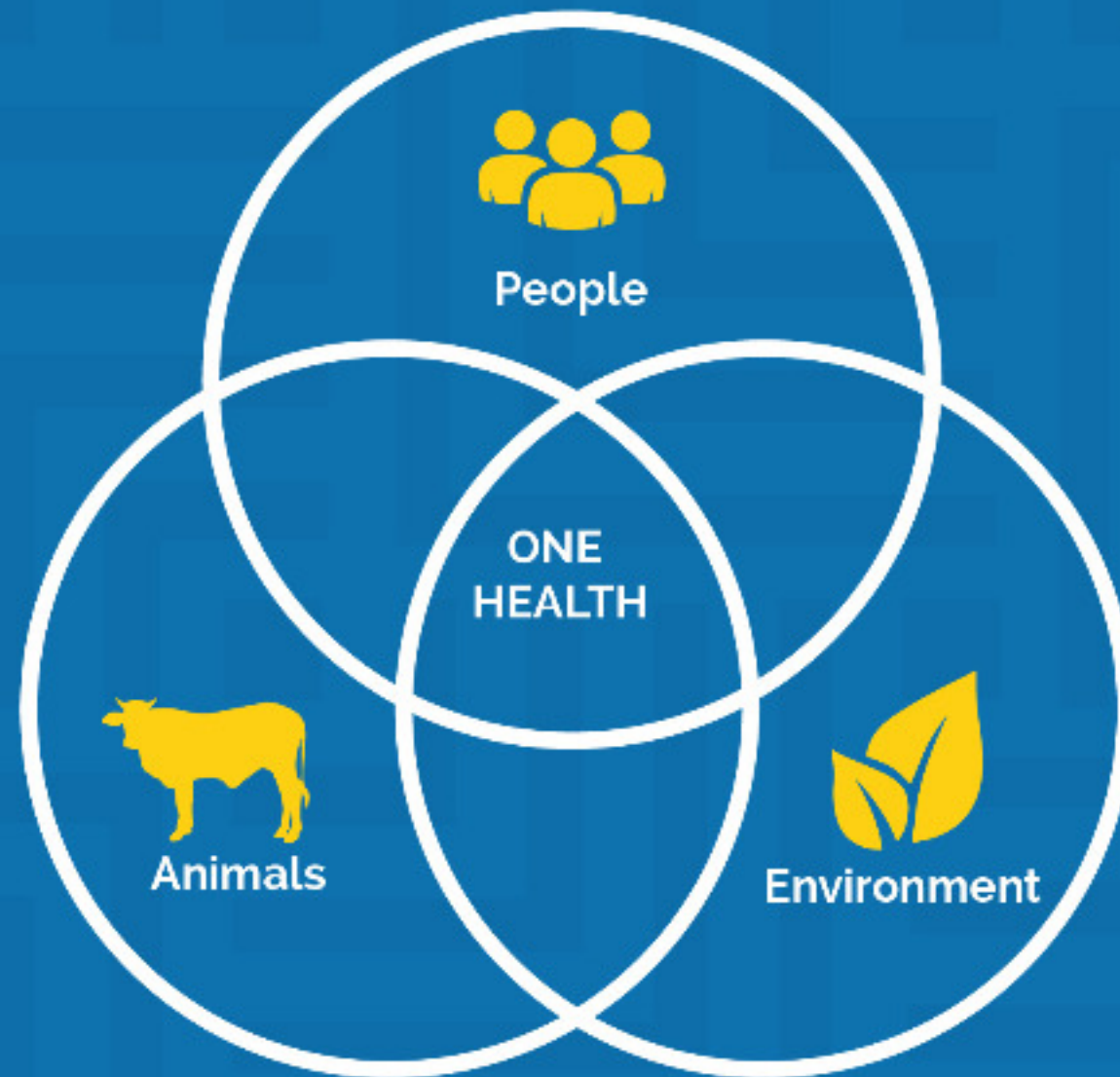
Ensure good sanitation and hygiene practices

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Photo by sohail na from Pexels

COVID-19

In the fight against COVID-19, use the one health approach



One health recognizes that human, animal and environmental health are related and they are truly intertwined. This approach should be used in creating and implementing COVID19 solutions.

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In the fight against COVID-19, use the one health approach as you consider Human health

Prevent the spread.



Maintain social distancing (stay at home)



Wash your hands with water and soap or a sanitizer frequently



Avoid touching mouth, nose and eyes

Ensure good mental health state.

- o Stay connected and maintain social networks.
- o Engage in relaxing and enjoyable activities.
- o Amplify positive stories about COVID-19 and focus on facts.

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